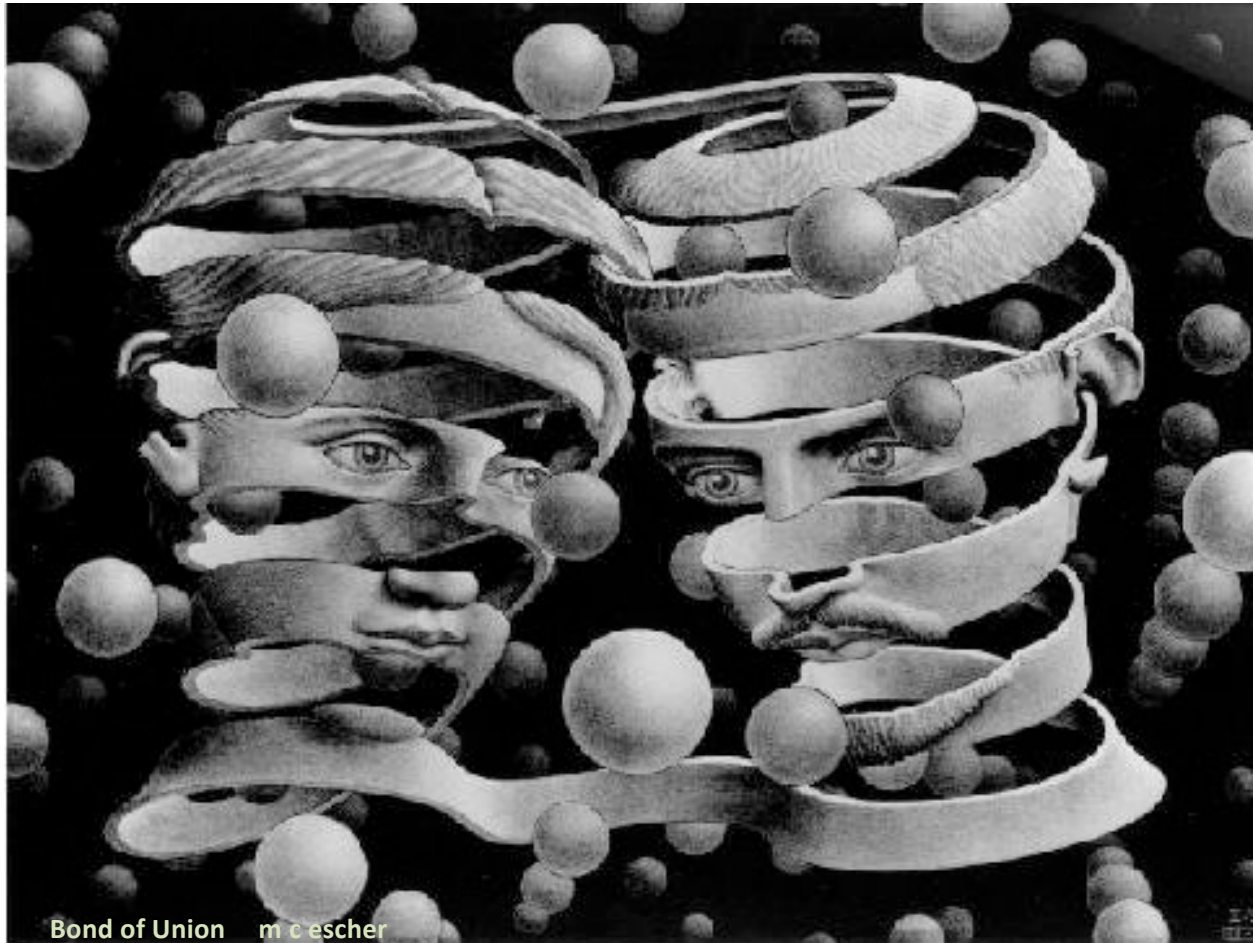


***Intensifying Deep Affective Processing in Psychotherapy***

**An Extended Workshop for Therapists**

**With Clinical Video Illustrations**



**Presented by**

**Thomas M. Brod, MD and Susan Warren Warshow, LCSW**

5 Saturdays: January 8, February 12, March 12, April 2, and May 14, 2011  
10:30-3:30 p.m.

Skirball Cultural Center  
2701 N. Sepulveda Blvd., Los Angeles, CA 90049

This five-part workshop will provide therapists with clear and practical teaching in the application of an accelerated affect-focused dynamic psychotherapy. Clinical video recordings will illustrate a transformational process that enables patients to experience their truest emotional self and also to integrate the avoided parts of the self. The course is informed by the discoveries of H. Davanloo, the creator of ISTDP, and includes powerful elements that can be integrated into other therapies.

This model has empirical validation with even the most difficult patients. A greater capacity for emotional intimacy and successful attachment is a highly valued benefit to most patients.

Each session will include four hours of lectures, demonstrations and group discussion; a buffet luncheon will be provided.

Topics will include:

- Identifying Goals for the Treatment
- Forming a Collaborative Alliance
- Strengthening Self-Reflective Capacity
- Maintaining Affective and Intrapsychic Focus
- Theory and Management of Anxiety, Shame and Guilt
- Rapid Identification and Management of Defenses
- Training Group Process.

#### **LEARNING OBJECTIVES:**

Clinicians who attend this workshop will be able to:

- Facilitate alliances with anxious and self-destructive clients/patients.
- Help patients turn against their resistance to treatment.
- Identify the action tendencies of core emotions.
- Help patients defeat the toxic effects of anxiety, shame and guilt.
- Choose interventions weighted toward feeling instead of cognition.
- Identify specific defenses in verbal and non-verbal communications.
- Use “Response to Intervention” to guide treatment.
- Utilize the Triangles of Conflict and Person.
- Recognize indicators of counter-transference difficulties.

This five-session workshop is intended for licensed clinical psychologists, psychotherapists, psychiatrists, and registered mental health interns.

**Faculty:**

**Thomas Brod, MD** is Associate Clinical Professor, Psychiatry, Geffen UCLA School of Medicine, faculty New Center for Psychoanalysis, and in private practice. He has studied ISTDP with Robert Neborsky MD and Habib Davanloo MD; he is co-vice-president of the Southern Californian Society for ISTDP.

**Susan Warren Warshow, LCSW, MFT** is a Board Certified Diplomate and practices psychotherapy in Woodland Hills for individuals and couples. She conducts seminars, training programs and private supervision for professionals in the L.A./Pasadena area. She has presented internationally and published several journal articles on ISTDP.

**FEE: \$850 before December 10; \$1000 thereafter**

**LOCATION: Skirball Cultural Center** 2701 North Sepulveda Blvd., Los Angeles, CA 90049

**REGISTRATION:** Please contact [tbrod@ucla.edu](mailto:tbrod@ucla.edu) or [swarshow@me.com](mailto:swarshow@me.com) for more details and to register. Also : <http://tbrod.bol.ucla.edu> and <http://www.warrenwarshow.com/>

**CANCELLATIONS AND REFUNDS:** Full refund up to December 24, 2010, minus \$25 administrative costs. No refunds after that period.

**Important Disclosure:** Information for all learners: None of the planners or presenters of this program have any relevant financial relationships to disclose.

**CE Units: 20**

*The International Experiential Dynamic Therapy Association is approved by the American Psychological Association to sponsor continuing education for psychologists. IEDTA maintains responsibility for the Program and its content. IEDTA (provider #4796) is approved by the California Board of Behavioral Science to provide 20 continuing education units for MFTs and LCSWs in California.*

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**Registration form *Intensifying Deep Affective Processing in Psychotherapy***

Name: \_\_\_\_\_ License No. \_\_\_\_\_

Professional Title (e.g. M.D., Ph.D., LCSW, MFT, etc.)

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**I certify that I am either a certified or registered health professional. I agree that I will respect the privacy of the patient material, and will treat it in a confidential manner in keeping with my professional code of conduct. I agree to not record any of the patient material.**

**I would/would not like to continue receiving email announcements from Thomas M Brod MD and Susan Warren Warshow LCSW**

**Signature** \_\_\_\_\_

The fee for the conference is \$1000 (\$850 before December 10) (refundable in full through December 24, 2010). 20 continuing education credits for PhDs, LCSWs, and MFTs, included. Buffet lunch is included in the fee.

Please make checks payable to **Susan W Warshow LCSW** and mail check and registration form to:

**Susan W Warshow LCSW**  
21241 Ventura Blvd., Suite 251  
Woodland Hills California 91364